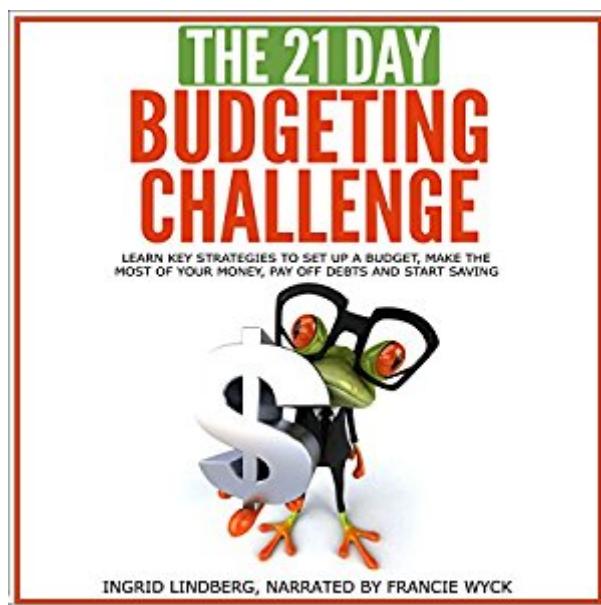


The book was found

# The 21-Day Budgeting Challenge: Learn Key Strategies To Set Up A Budget, Make The Most Of Your Money



## **Synopsis**

Are you tired of having your money seemingly disappear from your pocket? Of fighting debt? Of having the feeling that no matter how much you work, you'll never have enough money to buy what you really want? Are you ready to take action, to take responsibility over your earnings and expenses with a simple, yet smart and efficient budget plan and finally accomplish your financial goals? Maybe you're thinking that the only thing worse than budgeting is listening to a book about budgeting. And you may be right. But with this book, my hope is that I can change your mind. My hope is that by following this challenge, you will feel more in control of your spending habits, have clearer and more meaningful financial goals and, most importantly, have a little fun while doing it! In this book, we'll look at ways to uncover your own personal psychology behind money, as well as practical methods to make and reach finance goals. From saving pennies here and there by cutting out mindless spending to rethinking your approach to saving entirely, we'll tackle your money issues the simple way: day by day. We'll consider realistic ways to save money, but also look in-depth at what it really means to live a minimalist life and what the true value of the items in our lives actually is. The 21-Day Budgeting Challenge will help you to: Identify your "money personality" Set up a realistic budget that works for you Get out of debt Understand minimalism and how it compares to consumerism Incorporate practical and fun tips to save money you might not have thought of before And much more!

## **Book Information**

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## **Customer Reviews**

If you want to learn how to budget without being bored, tired, or depressed, then you definitely find

great value in this book. The book contains 21 ultra practical and easy to follow steps spread out in 21 days which lead you from financial frustration to financial freedom. I enjoyed very much the balance between theory and practice. I understood that when it comes to money my attitude is as much important as the way I spend money. I also learned skills which helped me budget efficiently: being self-aware of my Â¢Â œmoney personalityÂ¢Â •, discovering my personal motives behind spending, detecting and eliminating my debt, adopting a minimalist view on spending and life in general, and seeing budgeting itself not as Â¢Â œreducingÂ¢Â •, but as Â¢Â œredistributingÂ¢Â • my expenses. Great read, great benefit in your life!

The book begins the first 7 days where you actually identify and accept your money spending ways. This is probably the hardest part for most people as they don't want to see that they're the problem and the actual budgeting doesn't even begin until day 8! Learn about concepts such as minimalism and actionable budgeting techniques such as Cash diets among 21 other valuable strategies. Each day builds upon the previous and it's written in a Fun, easy way that makes budgeting enjoyable.

This book didnÂ¢Â™t really tell me anything I didnÂ¢Â™t already know. It was short and quite honestly a waste of my time. It was also contradictory, in one chapter it would say something like if that 3 dollar coffee keeps you sane then it's worth it to budget that in and keep it but then in another it would suggest hitch-hiking as an adventurous way to save money. Not only is that dangerous, but it's illegal! I skimmed it after that part because it was just so over the top ridiculous I couldnÂ¢Â™t take it seriously. I hate to say you get what you pay for but in this instance it rings true, I paid nothing for this book, and thatÂ¢Â™s what I got out of it.

This book is the best book on budgeting I've read so far! Besides giving great advices to reduce monthly expenses, it made budgeting less stressful and more meaningful to me. The tips I've learned from The 21 Day Budgeting Challenge book were very helpful in keeping my budget within realistic limits. Also, after reading this book I've got a feeling that the author does know the challenges that people in debt are going through (not only financial, but also psychological). This made me trust the given advices even more. A great book!

Well written - on the funny side, which is appealing to younger budgeters - like the grandkids I have in mind, who got their first jobs and need to learn early on about what to do with money, (now that

they make more than just B-day and tooth-fairy money)!!!

Sticking to a budget has in the past been one of the hardest thing for me to do. I guess I'm not the only one having a hard time sticking to a budget. At first I was a bit uneasy with reading a book about this nemesis subject, but I took the bull by it's horns and started. Now, I'm so glad that I did that. The 21-day Budgeting Challenge has really rebooted my brain when it comes to budgeting. I love this book and would recommend it to everyone that ever had a hard time with budgeting. This book is also great for the family economy in whole.

Lots of great practical tips that aren't difficult to follow! Will probably re-read at some point for a good review on how I'm doing, we all need to understand that only we can control our money so that it doesn't control us.

Budgeting is something I definitely need help with, so as I liked the other books in this series, I checked this one out too. I found it a helpful and concise overview, which is definitely what I wanted, with some good tips and with an interesting foray into the psychological aspects of peoples' relationships with money. As it's a short read, I found myself reading straight through and I'm not sure I have the willpower to actually go back to the beginning to follow the day-by-day steps. Maybe the author should set up a Facebook group for her readers to help each other through the challenge?!

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